

Year 3 P.E. Curriculum – Spring Term 1

<u>Theme:</u>					
Curriculum objectives	Vocabulary				Links across the curriculum
<p style="text-align: center;"><u>Dodgeball</u></p> <p>To apply rules to a game situation. To develop throwing at a moving target. To use jumps, dodges and ducks to avoid being hit. To develop catching a dodgeball at different heights. To learn how to block using the ball. To understand the rules of dodgeball and use them to play in a tournament.</p>	Keyword	Definition	throwers	People throwing the ball	<p>Geography – PSHE – Emotions, honesty History – English – Science – Movement and nutrition for the human body, forces Maths – Scoring/counting players left to problem solve</p>
	competition	To go against people to win			
	dodge	Avoid the ball			
	block	Stop the ball from hitting you			
	tournament	Games against lots of teams to win			
	rules	How to play a game			
<p style="text-align: center;"><u>Prior Learning:</u></p> <p style="text-align: center;">To be able to roll a ball to hit a target. To develop co-ordination and be able to stop a rolling ball.</p> <p>To develop an understanding of target games and consider how much power to apply when aiming at a target. To understand how to score in different target games using overarm throwing. To develop understanding of different target games using the skill of kicking. To develop striking to a target. To develop hitting a moving target. To select an appropriate skill to play a game.</p>			<p style="text-align: center;"><u>Future Learning:</u></p> <p style="text-align: center;">To apply rules honestly and fairly to a game situation. To develop throwing at a moving target. To use timing, balance and agility to avoid being hit. To develop catching under pressure to get an opponent out. To select and apply tactics in the game. To develop officiating skills and referee a dodgeball game.</p>		
<u>Lesson Sequence</u>	<u>Key Knowledge</u>			<u>Key Skills</u>	

<p>To develop throwing and apply this to a target game</p>	<p>Social: To show respect to others by playing honestly. Emotional: To play honestly playing to the rules of the game. Thinking: To know how to throw accurately at a moving target.</p>	<p>Point your throwing hand towards your target after you throw. •Stand in the ready position with your knees bent ready to move.</p>
<p>To develop dodging skills to avoid being hit</p>	<p>Social: To support and congratulate others. Emotional: To be honest and play to the rules. Thinking: To decide which technique to use to avoid getting hit.</p>	<p>Keep your head up to see the throwers. •Stand in the ready position with your knees bent ready to move.</p>
<p>To develop catching and learn the rules of the skill within this game</p>	<p>Social: To support and congratulate others. Emotional: To take risks when playing. Thinking: To make decisions about which technique to select</p>	<p>Use two hands to catch the ball. •Watch the ball as it comes towards you.</p>
<p>To further develop catching and use the rules of the skill within this game</p>	<p>Social: To support and congratulate others. Emotional: To be honest and play to the rules. Thinking: To recognise the balls I should try to catch</p>	<p>Keep your head up to see the throwers. •Stand in the ready position with your knees bent ready to move. •Use two hands to catch the ball.</p>
<p>To begin to think tactically and apply this to a game</p>	<p>Social: To work as a team, making decisions and collaborating on the tactic. Emotional: To be understanding if my ideas are not chosen. Thinking: To use tactics appropriate to the situation.</p>	<p>Play fairly using the rules of the game. •Show honesty and admit if you are out.</p>
<p>To apply skills and knowledge to</p>	<p>Social: To be respectful and supportive of my teammates. Emotional: To play honestly using the rules of the game.</p>	<p>Play fairly using the rules of the game. •Show honesty and admit if you are out.</p>

compete in a tournament	Thinking: To select and apply tactics to a game.	
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