**Year 6 P.E. Curriculum – Spring Term**

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| **Theme:**  |
| **Curriculum objectives**   | **Vocabulary**   | **Links across the curriculum**   |
|    **Volleyball**    To develop the fast catch volley.  To be able to volley the ball using a set shot.  To develop the dig and understand when to use it.  To keep a continuous rally going over the net.  To develop the underarm serve and learn the rules of serving.  To apply the rules, skills and tactics learnt to play in a volleyball tournament.    | **Keyword**   | Definition    |    |    |    **PSHE** –    Honesty, perserverance **Science –**Body health  |
|  Fast catch volley  |  Bend knees and pushing the ball upwards  |    |    |
| dig   |  Stopping the ball from hitting the floor by hitting it upwards  |    |    |
| set   |  Setting the ball for a teammate to volley  |    |    |
|  spike  |  Slapping the ball over the net  |    |    |
| Principles   |  Set of rules or morals  |    |    |
| **Prior Learning:**  To apply rules honestly and fairly to a game situation.  To develop throwing at a moving target.  To use timing, balance and agility to avoid being hit.  To develop catching under pressure to get an opponent out.  To select and apply tactics in the game.  To develop officiating skills and referee a dodgeball game.  To move into and create space to support a teammate.    | **Future Learning:**     |
| **Lesson Sequence**   | **Key objectives**   | **Key Skills**   |
| To use the fast catch volley to create space and place the ball  | Social: To place a ball to help my partner to catch in ‘set’. Emotional: To play games honestly. Thinking: To use simple tactics to try to move my opponents around the court, creating space to place the ball into.   | To be able to catch the ball in space  To be able to set a teammate  |
| To develop the set shot and understand when to use it  | Social: To communicate with a partner and group to keep our rally going. Emotional: To persevere in the challenges I am set. Thinking: To identify how much success my partner is having and adjust the task accordingly.   | To be able to crouch down and bend arms with the ball  To be able to set the ball by pushing it upwards for a teammate   |
| To develop the dig and understand when to use it  | Social: To communicate with my team so that we know who will move for the ball. Emotional: To show perseverance to continue running over a period of time. Thinking: To choose the correct skill for the situation.   | To be able to clasp hands together ready to set  To be able to dig the ball  |
| To select and apply skills to keep a continuous rally  | Social: To communicate with others to help us to achieve our target. Emotional: To try my best. Thinking: To know what I can do to improve when rallying.   | To be able to set, dig and fast catch volley  To keep a continuous rally  |
|  To develop the underarm serve and learn the rules of serving  | Social: To support others, encouraging them to persist with serving. Emotional: To show honesty when playing competitively. Thinking: To understand where to place the ball to make it difficult for my opposition.   | To be able to serve the ball underarm  To understand the rules of serving and where to aim   |
|  To apply rules, skills and principles to play in a tournament  | Social: To encourage my teammates. Emotional: To play honestly and within the rules, demonstrating good sportsmanship. Thinking: To think about where to place the ball to make it difficult for the opposition.   | To be able to apply the skills previously learnt.  To understand the rules of volleyball  To work together as a team  |