**Year 6 P.E. Curriculum – Spring Term 1**

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| **Theme:**  |
| **Curriculum objectives**  | **Vocabulary**  | **Links across the curriculum**  |
|  **Dance**  To copy and repeat a set dance phrase showing confidence in movements. To develop a dance idea. To use changes in dynamics in response to the stimulus. To demonstrate a sense of rhythm and energy when performing bhangra style motifs. To perform a bhangra dance, showing an awareness of timing, formations and direction. To select, order, structure and perform movements in a bhangra style, showing various group formations.   | **Keyword**  | Definition   |  formation |  Working in order or structure | **Geography** –  **PSHE** –  Teamwork, **History –** Olympics (Break dancing)**English** –  **Science –** Body health**R.E. –****Music –** Rhythm**Art -**  |
|  bhangra |  A type of popular Punjabi music/dance |   |   |
| dynamics  |  Varying level of sound from music |   |   |
| motifs  |  A decorative image or design |   |   |
|  awareness |  To understand others around you and your surroundings |   |   |
|  structure |  A clear organisation |   |   |
| **Prior Learning:** To create a dance using a structure and perform the actions showing quality and control. To understand how changing dynamics changes the appearance of the performance. To understand and use relationships and space to change how a performance looks. To copy and repeat movements in a chosen style. To work with a partner to copy and repeat actions keeping in time with the music. To work collaboratively with a group to create a dance in a chosen style.  | **Future Learning:**   |
| **Lesson Sequence**  | **Key Knowledge**  | **Key Skills**  |
| To copy and repeat a dance phrase showing confidence in movement |  Social: To help others to remember and perform the phrases.Emotional: To be confident to share my ideas.Thinking: To use changes in level, direction and formation effectively to develop my dance. | Use loud confident actions to create the music in your performance. |
|  To work with others to explore and develop the dance idea | Social: To discuss my ideas with my group and come up with a plan of the best time to use different actions.Emotional: To show acceptance of other's ideas.Thinking: To use feedback to improve my performance. | Use counts of 8 to help you stay in time with each other. |
|  To use changes in dynamic in response to the stimulus |  Social: To work collaboratively with others to choreograph our ideas.Emotional: To be confident to perform in front of others.Thinking: To identify what went well in my performance and what we could do to improve. |  Use counts of 8 to help you to stay in time with each other.Use strong, confident actions. |
| To demonstrate a sense of rhythm and energy when performing bhangra style motifs |  Social: To support other people in my class.Emotional: To persevere when learning something new.Thinking: To understand what a motif is. | Use counts of 8 to help you stay in time with each other. |
|  To perform a bhangra dance, showing an awareness of timing, formations and direction | Social: To support other people in my class.Emotional: To try my best and join back in if I lose my place.Thinking: To know my place in each formation. | Consider dynamics and facial expressions.Use counts of 8 to help you stay in time with each other. |
|  To select, order, structure and perform movements in bhangra style, showing various group formation |  Social: To communicate my ideas with others in my group.Emotional: To work with integrity when practicing my performance.Thinking: To provide feedback using appropriate terminology. | Use counts of 8 to help you stay in time with each other.Use strong, confident actions.  |