**Year 5 P.E. Curriculum – Spring Term 2**

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| **Theme:** | | | | | | | |
| **Curriculum objectives** | | **Vocabulary** | | | | | **Links across the curriculum** |
| **Hockey**    To develop dribbling to beat a defender.  To develop sending the ball using a push pass.  To develop receiving the ball with control.  To be able to move into space to support a teammate.  To develop using an open stick (block) tackle and jab tackle to gain possession of the ball.  To apply the rules and skills learnt to play in a hockey tournament. | | **Keyword** | Definition |  |  | | **PSHE –** Teamwork,  **Science –** Human growth |
| Push pass | Hands apart on the stick and push the ball along |  |  | |
| Open stick tackle | Front of the stick open to block the ball |  |  | |
| Jab tackle | Stick out in front to tackle the ball |  |  | |
| Indian dribble | Switching sides when dribbling |  |  | |
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| **Prior Learning:**  To develop sending the ball with a push pass.  To develop receiving the ball.  To develop dribbling using the reverse stick (Indian dribble).  To develop moving into space after passing the ball.  To use an open stick tackle to gain possession.  To apply defending and attacking principles and skills in a hockey tournament. | | | | **Future Learning:**  To develop the forehand groundstroke.  To be able to return the ball using a backhand groundstroke.  To develop the volley and understand when to use it.  To develop the volley and use it in a game situation.  To develop accuracy of the underarm serve.  To learn to use the official scoring system.  To work co-operatively with a partner and employ tactics to outwit an opponent. | | | |
| **Lesson Sequence** | **Key Knowledge** | | | | | **Key Skills** | |
| To develop dribbling to beat a defender | Social: To work collaboratively with others.  Emotional: To play games honestly and within the rules.  Thinking: To identify areas of strength and for improvement. | | | | | Change direction to move around the defender.  •Indian dribble using the reverse of the stick. | |
| To send and receive the ball with control under pressure | Social: To communicate with my teammates and let them know when I am free.  Emotional: To try my best.  Thinking: To judge the speed of the ball and space before selecting a skill. | | | | | Forehand receiving: Left hand away from body.  •Keep your stick lower than waist height.  •Step forward as you pass to give you more power.  •Trapping the ball: Stick low to the ground to create a barrier to stop the ball. | |
| To select the appropriate skill, choosing when to pass and when to dribble | Social: To work collaboratively and share ideas.  Emotional: To be honest and can play to the rules.  Thinking: To make quick decisions on who to pass to and when. | | | | | Keep your stick lower than waist height.  •Step forward as you pass to give you more power. | |
| To move into and create space to support a teammate | Social: To be respectful of my opponents.  Emotional: To persevere in the games I play.  Thinking: To make decisions about when to move to support my team. | | | | | Move into space towards your goal.  •Move to space where the defender is not between you and the ball. | |
| To use the appropriate defensive technique for the situation | Social: To adapt my play in order to help others learn.  Emotional: To play games fairly and keep to the rules.  Thinking: To understand when to use a block tackle and when to use a jab tackle. | | | | | Jab: move the stick quickly in and out like a snake strike.  •Open stick: place the stick low to the ground.  •Time your tackle. | |
| To apply rules, skills and principles to play in a tournament | Social: To be respectful and congratulate others.  Emotional: To show determination and perseverance in the games I play.  Thinking: To reflect on my teams’ performance and areas to improve. | | | | | Be honest and play to the rules.  •In between matches, discuss with your team how to improve for your next match. | |