**Year 5 P.E. Curriculum – Autumn Term 1**

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| **Theme:** | | | | | | | |
| **Curriculum objectives** | | **Vocabulary** | | | | | **Links across the curriculum** |
| **Dodgeball**  To apply rules honestly and fairly to a game situation.  To develop throwing at a moving target.  To use timing, balance and agility to avoid being hit.  To develop catching under pressure to get an opponent out.  To select and apply tactics in the game.  To develop officiating skills and referee a dodgeball game. | | **Keyword** | Definition |  |  | |  |
| agility | How quickly you can change direction |  |  | |
| Pressure | How you act in each situation |  |  | |
| Officiating | How to run the rules of the game |  |  | |
| Tactics | How to prepare and play a game |  |  | |
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| **Prior Learning:**    **Dodgeball**  To apply rules to a game situation.  To develop throwing at a moving target.  To use jumps, dodges and ducks to avoid being hit.  To develop catching a dodgeball at different heights.  To learn how to block using the ball.  To understand the rules of dodgeball and use them to play in a tournament. | | | | **Future Learning:**    To develop dodging skills to lose a defender.  To develop an awareness of what your body is capable of.  To develop speed and stamina.  To develop strength using my own body weight. | | | |
| **Lesson Sequence** | **Key Knowledge** | | | | | **Key Skills** | |
| To develop throwing skills and apply them appropriately to the situation | Social: To work co-operatively to self manage games.  Emotional: Be confident to try to catch the ball.  Thinking: To communicate tactics with my team. | | | | | •Hand points towards the target after you throw.  •Pass ahead of your moving target. | |
| To develop dodging skills and apply them appropriately to a situation | Social: To be respectful of the referee's decision.  Emotional: To be confident to officiate.  Thinking: To apply previous knowledge to show improvement in the game. | | | | | •Aim low so that it is harder for your opponent to catch.  •Hand points towards the target after you throw. | |
| To develop catching skills and apply them appropriately to a situation | Social: To be respectful of the referee's decision.  Emotional: To be confident to officiate.  Thinking: To apply previous knowledge to show improvement in the game. | | | | | •Be in a ready position with bent knees so you are ready to move.  •Cushion the ball by bringing it into your body.  •Stay towards the back of your court and then move your feet to the ball to catch it. | |
| To develop blocking skills and apply them appropriately to the situation | Social: To co-operate to self-manage games.  Emotional: To be honest in the games I play.  Thinking: To observe and react to the given situation. | | | | | •Be in a ready position with bent knees so you are ready to move.  •Hold the ball firmly with two hands. | |
| To understand the need for tactics and identify how to create and use them | Social: To communicate my ideas to others.  Emotional: To give independent thought to each situation.  Thinking: To give thought to the situation to help create the tactic. | | | | | •Communicate your ideas and listen to others.  •Consider the possible threats to help you create the tactic. | |
| To apply rules, skills and tactics when playing in a tournament | Social: To communicate my ideas with others.  Emotional: To be honest and play by the rules.  Thinking: To select and apply tactics to try to outwit my opponents. | | | | | •Communicate your ideas and listen to others.  •Consider the possible threats to help you create the tactic | |